

Table 1. Demographic characteristics of the study population	
Age (years)	Mean (SD)
Male	55.2 (10.5)
Female	56.8 (11.2)
Marital status	
Married	78.5%
Single	12.3%
Divorced	8.2%
Widowed	1.0%
Education level	
High school or less	65.4%
College	34.6%
Occupation	
Professional	25.3%
Managerial	18.7%
Technical	15.2%
Service	22.1%
Unemployed	18.7%
Health status	
Good	72.5%
Fair	15.3%
Poor	12.2%
Very poor	0.0%
Smoking status	
Smoker	35.6%
Non-smoker	64.4%
Alcohol consumption	
Regular	10.1%
Occasional	25.4%
Never	64.5%
Family size	
1-2	45.3%
3-4	38.7%
5 or more	16.0%
Income level	
Low	28.9%
Medium	42.1%
High	29.0%

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